

GARDA BIKE HOTEL

SINCE 2005, THE BEST
DESTINATION FOR YOUR
CYCLING ADVENTURE



WHERE WE ARE



ALPS
BORMIO

DOLOMITES
BOLZANO



LAKE COMO

BASSANO

PROSECCO LAND

TREVISO

PIEDMONT
TORINO

BERGAMO

VERONA

VENEZIA

MILANO

GENOVA

BOLOGNA

ADRIATIC
CESENATICO

TUSCANY
FIRENZE





TEMPERATURES



CYCLING SEASON



HOLIDAY SEASON

BEST TIME TO COME

	TEMPERATURES	CYCLING SEASON	HOLIDAY SEASON
MARCH	5 – 15 °C 41 – 59 °F	BEGINNING	LOW
APRIL	10 – 20 °C 50 – 68 °F	BEGINNING	BEGINNING
MAY	20 – 30 °C 68 – 86 °F	REGULAR	REGULAR
JUNE	20 – 35 °C 68 – 86 °F	PEAK	PEAK
JULY	25 – 35 °C 77 – 86 °F	REGULAR	PEAK
AUGUST	25 – 35 °C 77 – 86 °F	REGULAR	PEAK
SEPTEMBER	20 – 30 °C 68 – 86 °F	PEAK	PEAK
OCTOBER	15 – 25 °C 59 – 77 °F	REGULAR	REGULAR
NOVEMBER	10 – 15 °C 50 – 59 °F	LOW	LOW

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GARDA BIKE HOTEL

PART OF A BIG ITALIAN FAMILY

Established in 2005, **Garda Bike Hotel** is the first and original bike hotel located in the south of Lake Garda & Verona, offering customized services for all cyclo-tourists.

Brothers Alberto and Nicola have created unforgettable, quality, tailored cycling holidays in Italy with daily guided bike tours / excursions along a variety of flat, hilly and mountainous routes, for all levels of riders, from recreational to competitive.



**GRUPPO
BIKE
HOTEL**

OUR “PLUSES”

LOCAL FAMILY BUSINESS

We are not a foreign Tour operator. Nicola & Alberto are the bike managers & guides; like all our guides, they live here and they know the area intimately.

3 LEVELS OF RIDE EVERYDAY

We have 3 daily guided rides to choose from, scaled for pace, distance and level of climbing. We ride every day. Daily tours with our guides 7 days a week

OFFICIAL PINARELLO BIKE RENTAL

We have more than 40 Pinarello bikes for rent, included the fabulous Pinarello Dogma F

SMALL GROUPS

We keep our rides small and personal with a maximum of 20 cyclists per day, and small groups of 5-8 cyclists per guide.

AIRPORT DISTANCES

All the main airports of Northern Italy are close by: Milan, Verona, Bergamo, Venezia.

NON-CYCLISTS

If are you travelling with your family or with non-cyclists, don't worry... there is plenty for them to do while you are riding.

PINARELLO



ZULLO

wahoo

KASK

Sportful

OLE

sette italia

FULCRUM

andiamo
cycling

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ENJOY
GARDA
HOTEL
4****

Our **43 rooms and 2 suites** come with a wide range of high-quality services in order to provide you with comfort and quality. Private balconies, free wi-fi, a safe for valuables, a large shower with a seat, premium bath toiletries, and much more. For your relaxation and entertainment, enjoy our **beautiful garden** with an **open-air swimming pool**, and free city bike rentals.

Enjoy Garda Hotel is the perfect cycling destination because it is run by cyclists with a long history of catering similarly passionate cyclists from all over the world.

HOTEL





HATELIER GARDA HOME

Our **8 fully serviced studio flats or two-room apartments** are the ideal solution for guests who like to be pampered yet be independent.

With the hotel services offered by our partner Enjoy Garda Hotel, just 100 metres away, our staff will be within easy reach to cater to your needs. Staying at Hatelier Garda allows you the freedom to enjoy some of the comforts of home such as cooking your own meals and is another option for a holiday or work.

If you are looking for **a place where you can stay and feel at home**, the Hatelier Garda Home is it.

APARTMENTS



HOUSE OF THE CHAMPIONS

Since 2017 we are the Bora Hansgrohe champions' partner-home on Lake Garda, the German Pro Team where the famous 3 times world champion slovak rider **Peter Sagan** has raced until 2021.

The full team stays in our Hotel at least twice in a year for their training camp for the best **training and to get ready for the most important events in the world.** (Giro d'Italia, Milano – Sanremo etc...).





TRANSFER

We can arrange for car / van transfer service from and to the main airports of Northern Italy.

Here are the nearest airport:

Verona «Valerio Catullo» 20 km

Bergamo «Orio al Serio» 90 km

Milano «Linate» 135 km

Milano «Malpensa» 180 km

Venezia «Marco Polo» 150 km

PACKET LUNCH FOR THE RIDE

Before the departure of every tour you will be given a packet-lunch with ham & cheese sandwiches, bananas and energy bars.

WATER & BOTTLES

A filtered water dispenser is located in the bike room. If you forget to bring bottles, ask your guide or at the reception; new bottles (if available) or used bottles (sterilized) will be provided to you.

LUNCH BUFFET AFTER RIDE TILL 5 PM

When you come back from the excursion, you will refuel at our buffet with a variety of cold pasta, sliced salami and ham, fruit, vegetables and dessert.

DINNER

You will have dinner in our restaurant either inside or on the summer terrace situated in the garden-pool area. Our menù changes daily but always includes 3 starters and 3 main courses with your choice of fish, meat, or vegetarian. Fresh and cooked vegetables are available at the buffet, as well as fruit and home made dessert from our chefs.

FOOD





LAUNDRY SERVICE

Daily laundry service for bike clothing



BIKE ROOM

Bike room with alarm, workshop and washing area



Silvia



Nicola



Alberto



Davide

OUR TEAM

Our expert guides are the heart and soul of our bike service! Our guides accompany all our group rides and ensure you have a great ride and a great holiday. **Experienced local cyclists with many years of riding** our guides are also multilingual and able to communicate with cyclists from all over the world.



Michele



Andrea



Giusto



Sebastiano



Roberto



Simone



Elisa



Marco



**GARDA
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VAN SUPPORT





ITALIAN STYLE

ALE



PINARELLO



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OFFICIAL BIKE RENTAL

**PINARELLO**

We are an OFFICIAL PINARELLO BIKE RENTAL CENTRE, the only one in the entire Lake Garda & Verona region.

We have been working directly with the Pinarello family since 2015, to be able to offer our guests the best bikes on the market.

We work directly with the Pinarello factory in Treviso, located nearby, and we are able to buy new bikes from them every year, ensuring you get the latest Pinarello models to try.



DOGMA X



The new **Pinarello Dogma X** is a top of the line Pinarello road bike, with a **frame designed for endurance** and therefore **more comfortable than the Dogma F**, but still designed to be a high performing bike.

This bike has a market value of 15.000€ and is great for riders who plan to do our longest rides.

Insurance for accidental damage to the bike included in price, subject to a € 999 deductible.

BIKE MODEL	PINARELLO DOGMA X DISK
YEAR OF THE BIKE	2024
SIZE AVAILABE	From 43 to 60 cm
GROUP SET	<ul style="list-style-type: none"> • Shimano DURA-ACE R9270 Di2 - 12 speed electronic • hydraulic disc brakes • Chainrings DURA ACE 34 / 50 • Cassette 11 / 34
SADDLE	Most by Selle Italia
HANDELBAR & STEM	Most Jaguarc XC
WHEELS	Fulcrum Speed 40 Lite DB
TYRES	Pirelli P7 32mm
COMPUTER MOUNT	Most iTALON Cockpit Garmin, Wahoo,, GoPro, Shimano, o TomTom Bandit (not for iphone or other phones)

DOGMA F



The **Dogma F** is the **top level of the Pinarello brand**. The same bike used by the Pros of Team Ineos. This bike has a **market value of approx. 15.000€**

The Dogma F is a high-performance race bike with **aggressive geometry**. This bike is recommended for **high level athletes** who regularly ride high performance race bikes and are accustomed to the leaned over **and low position**, as well as the snappy handling, of this race bike.

Insurance for accidental damage to the bike included in price, subject to a € 999 deductible.

BIKE MODEL	PINARELLO DOGMA F DISK
YEAR OF THE BIKE	2023
SIZE AVAILABE	From 43 to 60 cm
GROUP SET	<ul style="list-style-type: none"> • Shimano DURA-ACE R9270 Di2 - 12 speed electronic • hydraulic disc brakes • Chainrings DURA ACE 34 / 50 • Cassette 11 / 34
SADDLE	Most by Selle Italia
HANDELBAR & STEM	Most Jaguarc XC
WHEELS	Fulcrum Speed 40 Lite DB
TYRES	Pirelli P7 30mm
COMPUTER MOUNT	Most iTALON Cockpit Garmin, Wahoo,, GoPro, Shimano, o TomTom Bandit (not for iphone or other phones)

GREVIL F



The Grevil is our all-purpose bike that is perfect for most cyclists, and what most of our guests use. The bike has a market price of approx. 6.000€

It has relaxed geometry making it a comfortable bike, wider tires and longer wheel base, perfect to handle the cobblestone and rough pavement that we often encounter and lower gearing to tackle our bigger hills.

It's a versatile bike designed for multiple terrains, from road rides to the white (gravel) roads in our area. For most people, the Grevil is the perfect bike for our rides

Insurance for accidental damage to the bike included in price, subject to a € 750 deductible.

BIKE MODEL	PINARELLO GREVIL F DISK
YEAR OF THE BIKE	2023
SIZE AVAILABE	From 44 to 60 cm
GROUP SET	<ul style="list-style-type: none"> • Campagnolo EKAR 1/13 speed • Chainrings 40 • Cassette 9 / 42
SADDLE	Most by Selle Italia Bobcat
HANDELBAR & STEM	Most Jaguarc XC
WHEELS	Fulcrum 500DB C17 disk -
TYRES	PIRELLI P7 size 32 mm
COMPUTER MOUNT	Most iTALON Cockpit Garmin, Wahoo,, GoPro, Shimano, o TomTom Bandit (not for iphone or other phones)



The **Pinarello Nytro EGravel** bike is a **pedal assist bike** made for various terrain, with wider tires and relaxed geometry, making for a more stable ride.

The bike was created to allow cyclists to tackle longer rides and steep climbs with greater agility and safety compared to a traditional road bike. **The motor has a maximum 300 watts, with 3 levels of pedal assist, The battery life depends on how the motor is used. (from 40km to more than 80km depending on elevation)**

The value of this bike is € 8000. Insurance for accidental damage to the bike included in price, subject to a € 750 deductible.

BIKE MODEL	PINARELLO NYTRO E-GRAVEL
YEAR OF THE BIKE	2023
SIZE AVAILABE	From 44 to 60 cm
GROUP SET	<ul style="list-style-type: none"> • Shimano GRX Di2 1/ - 11 speed • Chainrings 42 • Cassette 11 / 42
MOTOR & BATTERY	TQ MOTOR-HPR50 Drive Unit - 360 Watt Integrated Battery
SADDLE	MOST Selle Italia Bobcat
HANDELBAR & STEM	Most Jaguarc XC
WHEELS	Fulcrum 500DB C17 disk
TYRES	Maxxis Rambler 40mm
COMPUTER MOUNT	Most iTALON Cockpit Garmin, Wahoo,, GoPro, Shimano, o TomTom Bandit (not for iphone or other phones)



1 - LAKE GARDA

Mix of flat / undulate street with some climbs ●●○

2 - COLLINE MORENICHE E MANTOVA

Our "little Tuscany" undulate relaxing streets ●○○

3 - VALTENESI

Mix of flat / undulate with some climbs ●○○

4 - VALPOLICELLA E VERONA

The «wine area» undulate streets with lots of short / medium climbs ●●○

5 - MONTE BALDO

Our highest mountain. Long and fiddicult climbs. ●●●

6 - LESSINIA

Our second highest mountain. Long and difficult climbs. ●●●





We have a wide range of routes flat, hills or mountains – from 50 to 150 km in length, to suit everyone: from those eager to train hard, to those who want a scenic and leisurely “passeggiata” through our beautiful countryside.

All our tours are pre-planned and designed to be ridden with our guides

Our weekly program is not fixed with the same ride every day of the week. It varies every week depending on the number and the level of our cycling guests, the weather forecast, and the special requests of the guests.



GUIDED TOURS

7 DAYS A WEEK

During our peak season, our riders generally have **3 daily rides to choose** from, scaled for pace, distance and level of climbing.

You can feel free to change your ride level from day to day. However, we encourage you to know your abilities and think about how you ride at home when selecting a daily ride.

CLASSIC RIDE ●○○

Distance: max 40-60 km
Climb length: 5-6 km
Average speed on flat: 20-25 km/h

ENTHUSIASTIC RIDE ●●○

Distance: max 70-90 km
Climb length: around 10 km
Average speed on flat: 25-30 km/h

EPIC RIDE ●●●

Distance: max more than 100 km
Climb length: more than 15 km
Average speed on flat: 30-35 km/h

3 LEVELS OF RIDE FOR EVERYBODY





THE REAL ITALY

When you are off the bike, we want you to experience all that Italy has to offer.

Some of the activities we offer include **cooking classes, boat tours, aperitifs at a local winery, a visit to local frame builder Tiziano Zullo, lunch in an authentic pizzeria, a visit to an artisan cheese maker and a visit to a tortellini factory** where you can watch the local residents preparing the tortellini by hand.

We'll make sure we maximize your Italian holiday.



NON CYCLIST GUESTS

If you're coming here with **non-cycling companions**, our area offers plenty to see and do to keep them busy and happy on their trip to Italy.

A program is at the guest's disposal with detailed daily excursions with ferryboat, bus or train rides to the major attractions of the area including **Verona, Venezia and Milano.**



andiamo cycling

Owned and managed by GARDA BIKE HOTEL, **ANDIAMO CYCLING** is **OUR TOUR OPERATOR** side of the business. We started ANDIAMO CYCLING in 2019 to offer **ITALIAN CYCLING GRANFONDO**, like [Strade Bianche](#), [Il Lombardia](#), and the [Maratona dles Dolomites](#), **CUSTOM TOURS**, and **SPECIAL SCHEDULED TRIPS** to places like [the Alps](#), [the Dolomites](#), [Tuscany & Chianti](#), [Lake Como](#), [Puglia](#), [Bassano](#), [Treviso](#) and [Veneto region](#), and more...

PROSECCO
CYCLING 





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wahoo

KASK

Sportful

GLE

selleitalia

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